



June 2022 Middle Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1 Egg & Cheese on a English Muffin Served with, Juice, Pear, and Milk	2 Berry Yogurt Parfaits with Granola Served with, Juice, Banana, and Milk	3 Sausage Egg and Cheese on a Bagel Served with Juice, Apple, and Milk	<p>ALL Students eat breakfast at No Cost!</p> <p>Offered Daily:</p> <ul style="list-style-type: none"> -Skim milk -1% Milk -Fresh Fruit -Assorted Cereal -Assorted Muffins -Benefit Bars -Cereal Bars -UBR Bars -Nutrigrain Bars -Bagel with Cream Cheese <p>All Grains are Whole Grain</p> <p>“Children with access to school breakfast eat more fruit, drink more milk & eat a wider variety of foods.”</p>
6 Bacon Egg & Cheese on a Bagel Served with, Juice, Apple, and Milk	7 Berry Yogurt Parfaits with Granola Served with, Juice, Orange, and Milk	8 Egg & Cheese on a English Muffin Served with, Juice, Pear, and Milk	9 Berry Yogurt Parfaits with Granola Served with, Juice, Banana, and Milk	10 Sausage Egg and Cheese on a Bagel Served with Juice, Apple, and Milk	
13 Bacon Egg & Cheese on English Served with, Juice, Apple, and Milk	14 Berry Yogurt Parfaits with Granola Served with, Juice, Orange, and Milk	15 Egg & Cheese on a English Muffin Served with, Juice, Pear, and Milk	16 Berry Yogurt Parfaits with Granola Served with Juice, Banana, and Milk	17 Sausage Egg and Cheese on a Bagel Served with Juice, Apple, and Milk	
20 JUNETEENTH DAY NO SCHOOL	21 Berry Yogurt Parfaits with Granola Served with, Juice, Orange, and Milk SUMMER BREAK STARTS AT END OF DAY				

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions!
Any questions or comments please contact foodservice@lowell.k12.ma.us

Menus are subject to change without notice.



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